

Transgender Case History

Name:	Date:														
Occupation:	Full-time or Part-time:														
Referring MD:															
ENT:															
Primary Physician:															
Medical History: _____															
Surgery History: _____															
<p>How do you rate your voice? (Overall)</p> <table style="width: 100%; border: none;"> <tr> <td style="width: 50%; vertical-align: top;"> <p>Currently my voice is:</p> <p><input type="checkbox"/> Very female</p> <p><input type="checkbox"/> Somewhat female</p> <p><input type="checkbox"/> Gender neutral</p> <p><input type="checkbox"/> Somewhat male</p> <p><input type="checkbox"/> Very male</p> </td> <td style="width: 50%; vertical-align: top;"> <p>My ideal voice would sound:</p> <p><input type="checkbox"/> Very female</p> <p><input type="checkbox"/> Somewhat female</p> <p><input type="checkbox"/> Gender neutral</p> <p><input type="checkbox"/> Somewhat male</p> <p><input type="checkbox"/> Very male</p> </td> </tr> </table>		<p>Currently my voice is:</p> <p><input type="checkbox"/> Very female</p> <p><input type="checkbox"/> Somewhat female</p> <p><input type="checkbox"/> Gender neutral</p> <p><input type="checkbox"/> Somewhat male</p> <p><input type="checkbox"/> Very male</p>	<p>My ideal voice would sound:</p> <p><input type="checkbox"/> Very female</p> <p><input type="checkbox"/> Somewhat female</p> <p><input type="checkbox"/> Gender neutral</p> <p><input type="checkbox"/> Somewhat male</p> <p><input type="checkbox"/> Very male</p>												
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<p>RATING SCALE: 1 = never 2=almost never 3=sometimes 4=almost always 5= always</p>															
	<table style="margin-left: auto; margin-right: auto; border: none;"> <tr> <td></td> <td style="text-align: center;">1</td> <td style="text-align: center;">2</td> <td style="text-align: center;">3</td> <td style="text-align: center;">4</td> <td style="text-align: center;">5</td> <td></td> </tr> <tr> <td style="text-align: right;">Never</td> <td style="text-align: center;">○</td> <td style="text-align: center;">○</td> <td style="text-align: center;">○</td> <td style="text-align: center;">○</td> <td style="text-align: center;">○</td> <td style="text-align: left;">always</td> </tr> </table>		1	2	3	4	5		Never	○	○	○	○	○	always
	1	2	3	4	5										
Never	○	○	○	○	○	always									
1. People have difficulty hearing me in a noisy room	<table style="border: none;"> <tr> <td style="text-align: right;">Never</td> <td style="text-align: center;">○</td> <td style="text-align: center;">○</td> <td style="text-align: center;">○</td> <td style="text-align: center;">○</td> <td style="text-align: center;">○</td> <td style="text-align: left;">always</td> </tr> </table>	Never	○	○	○	○	○	always							
Never	○	○	○	○	○	always									
2. I have trouble finding a vocal range that feels authentic to me.	<table style="border: none;"> <tr> <td style="text-align: right;">Never</td> <td style="text-align: center;">○</td> <td style="text-align: center;">○</td> <td style="text-align: center;">○</td> <td style="text-align: center;">○</td> <td style="text-align: center;">○</td> <td style="text-align: left;">always</td> </tr> </table>	Never	○	○	○	○	○	always							
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3. My voice makes me feel less feminine (MTF)/masculine(FTM).	<table style="border: none;"> <tr> <td style="text-align: right;">Never</td> <td style="text-align: center;">○</td> <td style="text-align: center;">○</td> <td style="text-align: center;">○</td> <td style="text-align: center;">○</td> <td style="text-align: center;">○</td> <td style="text-align: left;">always</td> </tr> </table>	Never	○	○	○	○	○	always							
Never	○	○	○	○	○	always									
4. I feel the pitch range of my voice is restricted.	<table style="border: none;"> <tr> <td style="text-align: right;">Never</td> <td style="text-align: center;">○</td> <td style="text-align: center;">○</td> <td style="text-align: center;">○</td> <td style="text-align: center;">○</td> <td style="text-align: center;">○</td> <td style="text-align: left;">always</td> </tr> </table>	Never	○	○	○	○	○	always							
Never	○	○	○	○	○	always									
5. The sound of my voice varies throughout the day.	<table style="border: none;"> <tr> <td style="text-align: right;">Never</td> <td style="text-align: center;">○</td> <td style="text-align: center;">○</td> <td style="text-align: center;">○</td> <td style="text-align: center;">○</td> <td style="text-align: center;">○</td> <td style="text-align: left;">always</td> </tr> </table>	Never	○	○	○	○	○	always							
Never	○	○	○	○	○	always									
6. I feel my voice gets in the way of my living as a woman (MTF)/man (FTM).	<table style="border: none;"> <tr> <td style="text-align: right;">Never</td> <td style="text-align: center;">○</td> <td style="text-align: center;">○</td> <td style="text-align: center;">○</td> <td style="text-align: center;">○</td> <td style="text-align: center;">○</td> <td style="text-align: left;">always</td> </tr> </table>	Never	○	○	○	○	○	always							
Never	○	○	○	○	○	always									
7. I use the phone less often than I would like.	<table style="border: none;"> <tr> <td style="text-align: right;">Never</td> <td style="text-align: center;">○</td> <td style="text-align: center;">○</td> <td style="text-align: center;">○</td> <td style="text-align: center;">○</td> <td style="text-align: center;">○</td> <td style="text-align: left;">always</td> </tr> </table>	Never	○	○	○	○	○	always							
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8. I'm tense when talking with others because of my voice.	<table style="border: none;"> <tr> <td style="text-align: right;">Never</td> <td style="text-align: center;">○</td> <td style="text-align: center;">○</td> <td style="text-align: center;">○</td> <td style="text-align: center;">○</td> <td style="text-align: center;">○</td> <td style="text-align: left;">always</td> </tr> </table>	Never	○	○	○	○	○	always							
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9. I tend to avoid groups of people because of my voice.	<table style="border: none;"> <tr> <td style="text-align: right;">Never</td> <td style="text-align: center;">○</td> <td style="text-align: center;">○</td> <td style="text-align: center;">○</td> <td style="text-align: center;">○</td> <td style="text-align: center;">○</td> <td style="text-align: left;">always</td> </tr> </table>	Never	○	○	○	○	○	always							
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10. People seem irritated with my voice.	<table style="border: none;"> <tr> <td style="text-align: right;">Never</td> <td style="text-align: center;">○</td> <td style="text-align: center;">○</td> <td style="text-align: center;">○</td> <td style="text-align: center;">○</td> <td style="text-align: center;">○</td> <td style="text-align: left;">always</td> </tr> </table>	Never	○	○	○	○	○	always							
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11. People ask, "What's wrong with your voice?"	<table style="border: none;"> <tr> <td style="text-align: right;">Never</td> <td style="text-align: center;">○</td> <td style="text-align: center;">○</td> <td style="text-align: center;">○</td> <td style="text-align: center;">○</td> <td style="text-align: center;">○</td> <td style="text-align: left;">always</td> </tr> </table>	Never	○	○	○	○	○	always							
Never	○	○	○	○	○	always									
12. I speak with friends, neighbors and relatives less often because of my voice?	<table style="border: none;"> <tr> <td style="text-align: right;">Never</td> <td style="text-align: center;">○</td> <td style="text-align: center;">○</td> <td style="text-align: center;">○</td> <td style="text-align: center;">○</td> <td style="text-align: center;">○</td> <td style="text-align: left;">always</td> </tr> </table>	Never	○	○	○	○	○	always							
Never	○	○	○	○	○	always									
13. I avoid speaking in public because of my voice.	<table style="border: none;"> <tr> <td style="text-align: right;">Never</td> <td style="text-align: center;">○</td> <td style="text-align: center;">○</td> <td style="text-align: center;">○</td> <td style="text-align: center;">○</td> <td style="text-align: center;">○</td> <td style="text-align: left;">always</td> </tr> </table>	Never	○	○	○	○	○	always							
Never	○	○	○	○	○	always									

14. I feel my voice sounds artificial to others.	Never	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	always
15. I have to strain to make my voice sound like I want it to	Never	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	always
16. I feel frustrated with trying to change my voice.	Never	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	always
17. My voice difficulties restrict my personal and social life.	Never	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	always
18. The pitch of my voice is unreliable.	Never	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	always
19. When I laugh, cough, or sneeze, I sound like a man (MTF)/ woman (FTM).	Never	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	always
20. I feel my voice doesn't match my physical appearance.	Never	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	always
21. I use a great deal of effort to speak.	Never	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	always
22. My voice is worse in the evening.	Never	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	always
23. My voice causes me to lose income.	Never	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	always
24. I don't feel my voice reflects the "true me."	Never	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	always
25. I am less outgoing because of my voice.	Never	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	always
26. I feel self-conscious about how strangers perceive my voice.	Never	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	always
27. My voice "gives out" in the middle of speaking.	Never	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	always
28. I find it upsetting when I'm perceived as a man (MTF)/ woman (FTM) on the phone.	Never	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	always
29. I am envious of other women (MTF)/men (FTM) who have more feminine (MTF)/masculine (FTM) voices than mine.	Never	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	always
30. My voice embarrasses me.	Never	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	always